

THE SALVATION ARMY HADLEIGH TEMPLE SONGSTERS

PAUSE FOR THOUGHT – 11TH NOVEMBER 2020

I trust this finds you all well despite yet again a change of lifestyle in our second lockdown, with ongoing difficulties and concerns for many. We have all learned to adjust to the circumstances at present, well and truly out of our 'comfort' zone.

In living and working abroad albeit some years ago I was in a world very different to what I had been used to until that time, and of course subsequently like many of you holiday travels giving us new insights and experiences in meeting people whose way of life is different from our lifestyle.

We are constantly reminded how circumstances have altered here and for the better in many ways. In particular the joy of the renewing of the Community Spirit in our Country there have been many examples of this daily in our press and on T.V. It has been so easy for us to remain and sustain the way we manage our lifestyle until recent months.

In his book *My Father, Our Father*, Colin Fairclough reminds us of the Prayer

"Lord, behind all these closed doors, as I walk around this neighbourhood, are lives I know nothing about. I may get the occasional glimpse through an expression on some-one's face, or a word of greeting. I may read about folk in the local newspaper. But I can truly know so few.

May the lives that I can connect with, in turn connect with others, so that the people of this neighbourhood- unknown to me- will know themselves to be known you".

Prayer.

In Ephesians Ch.4 v.16-19, Paul writes a prayer to the people there;

I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through Faith. And I pray that you, being rooted and established in Love, may have Power, together with all the saints, to grasp how wide and long and high and deep is the Love of Christ. And to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

May our prayer for today reflect in the words of St. Paul written so long ago. Amen.

Do keep in touch and contact me if you have particular anxieties.

Keep Well, Keep safe.

God Bless

LOUISE