

## Band devotions 18.6.20

I don't know about you, but I've used that word 'remember' a lot over the past few months;  
"Remember when we could go out for a meal?"  
"Remember when we could just hop on a train to London?"  
"Remember when we could give our friends/family a hug?"

David wrote Psalm 63 when he was in the wilderness, away from his family, so we can perhaps understand a little of how he felt. However, in this situation he makes the choice to remember and express his confidence and trust in God;

*"I will praise you as long as I live, and in your name I will lift up my hands. I will be fully satisfied as with the richest of foods; with singing lips my mouth will praise you. On my bed I remember you; I think of you through the watches of the night. Because you are my help, I sing in the shadow of your wings. I cling to you; your right hand upholds me."*

*Psalms 63:4-8 NIV*

Members of our band have had varying experiences over the past few months. Some have had really difficult times as they have had to cope with loss and uncertainty, others may have had a relatively pleasant few weeks feeling less pressure than normal.

David gives us a concrete example of positive actions we can take whatever situation we are in. Take a few moments to look carefully at the verses above and see what he does...

- Expresses his intention to praise God every day.
- Trusts that God will provide
- Sings!
- Remembers God at night time
- Acknowledges he feels secure and safe despite what is happening around him.

We aren't together just yet and things at the moment are unpredictable. However, perhaps we could each use these ideas and turn them into our own prayer tonight.

Below is a link to an arrangement we have used as a band which may help you as you pause just now...

'Turn your eyes upon Jesus,  
Look full in his wonderful face,  
And the things of earth will grow strangely dim  
In the light of his glory and grace.'

<https://samusicindex.com/brass/turn-your-eyes-upon-jesus/6926>

God Bless you all

Marion